

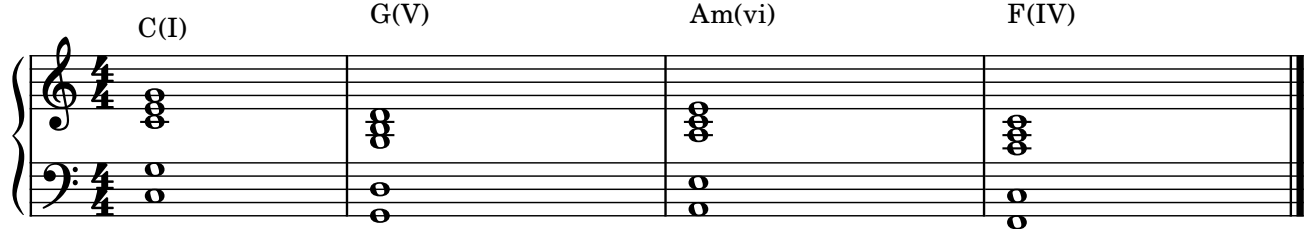
Scales-Level 2: Major Key Progressions 1.1

(Progression 1 Chords and Scales.)

JimO

1. Progression I-V-vi-IV. Key of C Major.

C(I) G(V) Am(vi) F(IV)



2. Play Modal scales from Root note. Ascending to the octave.

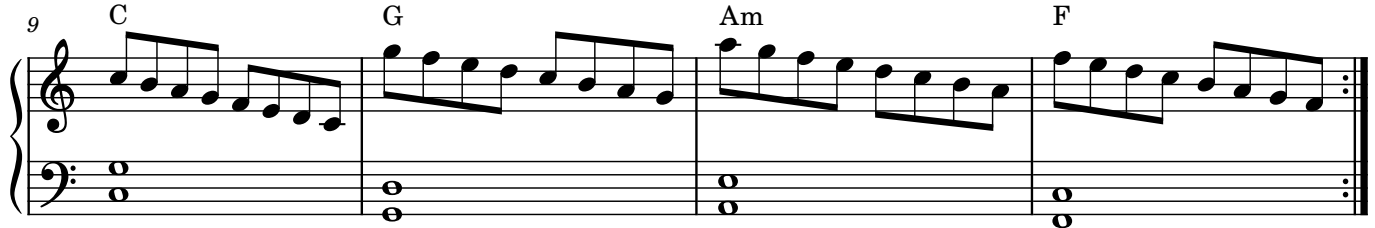
5



C Ionian G Mixolydian Am Aeolian F Lydian

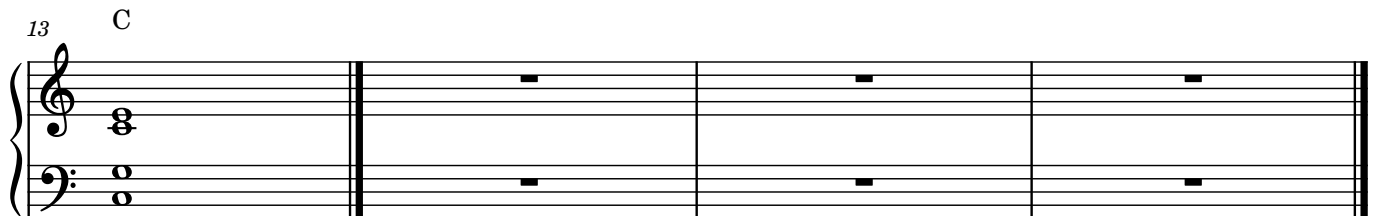
3. Play same scales Descending.

9



C G Am F

13



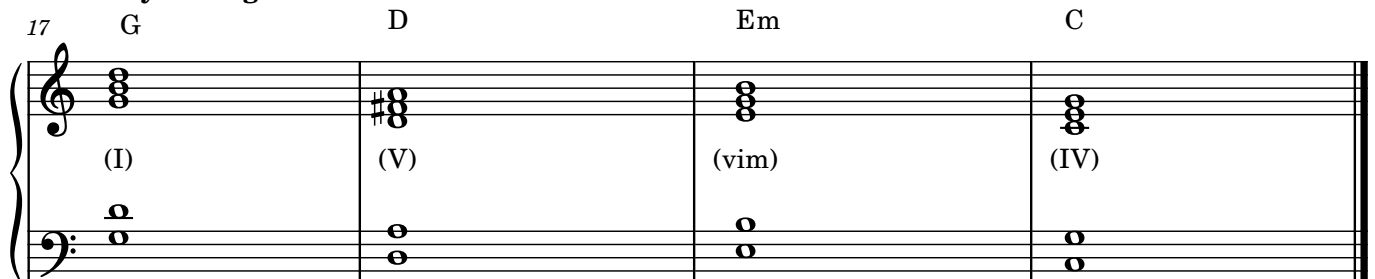
C

4. Key of G Major. Same Progression: I-V-vi-IV. Play through and Listen.

17

G D Em C

(I) (V) (vim) (IV)



21



G Ionian D Mixolydian Em Aeolian C Lydian

2

25 G D Em C

29 G

4. Key of F Major. Same Progression: I-V-vi-IV.
Play through and Listen.

33 F C Dm Bb

(I) (V) (vi) (IV)

37

F Ionian C Mixolydian Dm Aeolian Bb Lydian

41 F C Dm Bb

45 F